

$$
\begin{aligned}
& I_{y}=\frac{b h^{3}}{3}, \quad I_{z}=\frac{h b^{3}}{3}, \quad I_{y z}=\frac{b^{2} h^{2}}{4} \\
& I_{y o}=\frac{b h^{3}}{12}, \quad I_{z o}=\frac{h b^{3}}{12}, \quad I_{y o z o}=0 .
\end{aligned}
$$

$$
\begin{aligned}
& I_{y}=\frac{b h^{3}}{12}, \quad I_{z}=\frac{h b^{3}}{12}, \quad I_{y z}=\frac{b^{2} h^{2}}{24}, \\
& I_{y o}=\frac{b h^{3}}{36}, \quad I_{z o}=\frac{h b^{3}}{36}, \quad I_{y z z o}=-\frac{b^{2} h^{2}}{72} .
\end{aligned}
$$



$$
\begin{aligned}
& I_{y o}=\frac{\pi r^{4}}{4}, \quad I_{z o}=\frac{\pi r^{4}}{4}, \quad I_{y o z o}=0, \\
& I_{o}=\frac{\pi r^{4}}{2} .
\end{aligned}
$$



$$
\begin{aligned}
& I_{y}=\frac{\pi r^{4}}{8}, \quad I_{z o}=\frac{\pi r^{4}}{8}, \quad I_{y z o}=I_{y o z o}=0, \\
& I_{y o}=0,11 r^{4} .
\end{aligned}
$$



$$
\begin{aligned}
& I_{y}=I_{z}=\frac{\pi r^{4}}{16}, \quad I_{y o}=I_{z o}=0,055 r^{4}, \\
& I_{y z}=\frac{r^{4}}{8}, \quad I_{y o z o}=-0,0165 r^{4} .
\end{aligned}
$$

